



## **Psychodynamic Perspectives on Sickness and Health (Empirical Studies of Psychoanalytic Theories)**

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# Psychodynamic Perspectives on Sickness and Health (Empirical Studies of Psychoanalytic Theories)

## **Psychodynamic Perspectives on Sickness and Health (Empirical Studies of Psychoanalytic Theories)**

This volume heralds a timely integration of psychodynamic thinking with health psychology. The authors explore the emotional dynamics of health and illness by combining vibrant psychodynamic theory with rigorous empirical study. Chapter authors explore within this context such areas as cardiovascular psychology, dreaming and illness, the assumed necessity of working through memories of traumatic experiences, and illness and mortality following bereavement. Throughout, the relationships among loss, personality and physical illness as well as the health benefits of emotional expression are explored. This book exemplifies the novel, creative and bold thinking that occurs when health psychology and psychoanalysis collaborate to understand sickness and health.

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