



Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Purple Mist)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Richard Fentress:

A lot of people always spent their very own free time to vacation or maybe go to the outside with their family members or their friend. Do you know? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. In order to try to find a new activity that's look different you can read some sort of book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent 24 hours a day to reading a guide. The book Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Purple Mist) it is quite good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. In case you did not have enough space to deliver this book you can buy often the e-book. You can m0ore very easily to read this book from a smart phone. The price is not to fund but this book offers high quality.

Christa Nisbet:

Reading a book to become new life style in this year; every people loves to read a book. When you study a book you can get a great deal of benefit. When you read publications, you can improve your knowledge, since book has a lot of information in it. The information that you will get depend on what forms of book that you have read. In order to get information about your review, you can read education books, but if you want to entertain yourself look for a fiction books, these kinds of us novel, comics, in addition to soon. The Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Purple Mist) will give you new experience in reading through a book.

Aracely Schneider:

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John Hagen:

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