



The Natural Way to Better Babies: Preconception Health Care for Prospective Parents

Francesca Naish, Janette Roberts

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A comprehensive guide to pre-conception health care for both prospective parents. Francesca Naish is a naturopath-herbalist and the author of "Natural Fertility" (just revised) as well as co-author of this series of books with Jan Roberts, who originally qualified as a pharmacist, and who has been the Australian representative for Foresight for many years. This book will be of use to health professional and prospective parents

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