



# **Counting Blessings vs. Worries: 97 Lessons of Gratitude to Ignite Your Life and Make People Like You (The Wheel of Wisdom) (Volume 4)**

*Karma Peters*

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## LEARN THE EXTRAORDINARY SECRET LYING IN THE WORDS ‘THANK YOU’.

**This book shows you the power of gratitude, and how every day the most successful people use it to thrive, seek happiness and help others.**

**Most of us say ‘thank you’ reflexively to show good manners, appreciate favors received, enjoy serendipity or comply with etiquette. But research has shown that properly applied gratitude (not automatic or fake gratefulness) can exponentially improve your life and help you succeed in everything you do – yes, EVERYTHING. The key lies in constantly following several things discussed in the book.**

>>> The book contains a helpful **Discussion Guide** and a sample chapter of sequel *The Power of Patience: 96 Traits of Highly Effective People - A Dip in the Minds of Successful Folk, From Leaders to Laymen*. Through thought-provoking questions, the book gives extensive advice on how to use the discussion guide, how to inform decisions related to the topics at hand, and how to best read it – alone, in reading groups, with your partner, or as part of learning activities, among others.

>>> **After reading this book, you will know how to:**

- Identify where your **passion** truly lies, and how to effectively **follow your heart**;
- Use gratitude to **succeed** in every **project** you undertake; and
- **Communicate** and negotiate more effectively (the ‘promise in compromise’)

>>> **Who will benefit from this book?**

You.

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