

# Daddy Jekyll and Father Hyde: My Father Was Bipolar

Chelle Calaz



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Daddy Jekyll and Father Hyde is a book that chronicles a father-daughter relationship while the father is bipolar. My father was magnificent while in his Daddy Jekyll persona. When he would lapse into a manic bipolar episode, becoming Father Hyde, he became a sadistic, hateful, and hurtful monster. This book will offer hope to the victims of bipolar loved ones, while they laugh and cry about my many amazing and horrific experiences. It offers comfort to the adult children of a bipolar parent who may now be suffering from a deep-rooted depression that remains a mystery. It also offers true understanding to the many teenagers out there that currently live with a bipolar parent. Come with me now and explore the world, through the eyes of a child, living with a bipolar father. Be sure to bring your box of Kleenex!



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