



## Nice Cup of Tea and a Sit Down

*Nicey, Wifey*

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# Nice Cup of Tea and a Sit Down

*Nicey, Wifey*

## **Nice Cup of Tea and a Sit Down** Nicey, Wifey

Put a cup of tea in your hand, and what else can you do but sit down? This wonderful new book is a celebration of that most British of life's cornerstones: taking a break, putting your feet up and having a breather. There is, however, a third element that any perfect sit down requires and it is this: biscuits. As Nicey so rightly points out, a cup of tea without a biscuit is a missed opportunity. Finding the right biscuit for the right occasion is as much an art as it is a science, and it is a task that Nicey has selflessly worked on for most of his tea drinking life.

From dunking to the Digestive, the Iced Gem to the Garibaldi, everything you'll ever need to know about biscuits is in this book, and quite a lot more besides. Is the Jaffa Cake a cake or a biscuit? And have Wagon Wheels really got smaller since your childhood, or have you just got bigger? Unstintingly researched, Nicey and Wifey's Nice Cup of Tea and a Sit Down does exactly what it says on the biscuit tin. So go on. Take a weight off, put the kettle on, and enjoy.

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