



# The Passion Paradox: Patterns of Love and Power in Intimate Relationships

*Dean C. Delis, Cassandra Phillips*

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Dealing with the problems which arise in a relationship when one partner falls more deeply in love than the other, this book is based on the view that such situations are both common and curable. The difficulties take the form of increasing desire and desperation in the "one-down" lover and dissatisfaction, often mingled with guilt and withdrawal, in the "one-up". The author sets out to change these behaviour patterns and to help to achieve a more balanced, fulfilling and enduring love. Acknowledging that not all relationships can be saved, he also offers guidelines for making the difficult decision to separate. In doing so, he takes a positive view of "next time" and aims to provide fresh hope, new insight and the practical tools for building an equal love that lasts.

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