



# The Layman's Guide To Surviving Cancer: From Diagnosis Through Treatment And Beyond

*Howard L. Bressler*

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A diagnosis of cancer, life-changing for both patients and their loved ones, presents many questions: How will the disease and treatments affect you? What can you do to arm yourself for the battle? What roles do diet, stress, attitude and faith have on its progression? Perhaps most importantly: How do you and your loved ones maintain a sense of normalcy as you prepare for the unknown?

Receiving praise from some of the leading oncologists in the country, *The Layman's Guide to Surviving Cancer* addresses the physical, emotional, dietary, holistic and spiritual aspects of your diagnosis, each invaluable in achieving a healthy body and mind. Drawing on his experiences as a leukemia survivor, and his legal experience, Howard Bressler breaks down the practical issues of dealing with cancer, empowering you and your loved ones to defeat whatever challenges you may encounter on the journey ahead.

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Why? Because this The Layman's Guide To Surviving Cancer: From Diagnosis Through Treatment And Beyond is an unordinary book that the inside of the book waiting for you to snap this but latter it will zap you with the secret that inside. Reading this book adjacent to it was fantastic author who also write the book in such incredible way makes the content inside easier to understand, entertaining way but still convey the meaning completely. So , it is good for you for not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of gains than the other book have such as help improving your expertise and your critical thinking way. So , still want to delay having that book? If I were being you I will go to the publication store hurriedly.

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