



Putting on the Brakes: Young People's Guide to Understanding Attention Deficit Hyperactivity Disorder

Patricia O. Quinn, Judith M. Stern

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When young people learn they have attention deficit disorder, with or without hyperactivity, they often have many questions, doubts, and fears. Written from both a pediatric and an educational perspective, this highly successful book - now available in a new edition - attempts to address their questions and needs. ADD and ADHD specialist Patricia O. Quinn, inducted into the CHADD Hall of Fame in 2000, and her coauthor, Judith M. Stern, have revised and expanded *Putting on the Brakes*, including a thoroughly updated chapter on the latest advances in medications and recommended treatment programs that help children manage their disorder.

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