



The Whole Family Guide to Natural Asthma Relief: comph Drug Free solns for Treatment Prevention Asthma Allergies

Ph.D C. Leigh Broadhurst, M.D. Ph.D. Vladimir Badmaev

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Geared toward the whole family, this is an aggressive, effective natural treatment programme for asthma and allergies. The guide shows how to treat and prevent asthma without the use of potentially harmful drugs. The authors first explain how to identify common asthma triggers and then discuss the biochemical reactions these triggers set off in the body, clarifying the interconnected relationship between asthma and other allergies.

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