

A Hijabi's Journey to Live, Laugh and Love

Farheen Khan



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A story of story of struggle, pain and ultimately triumph where one woman chooses to change her life for the better. Learning to value herself and the importance of loving yourself in order to be able to love and care for others. In the Hijabi's Journey to Live Laugh and Love, Farheen speaks about her struggle of to come out of an abusive relationship and the importance of healing through self love. From size 26 to 12 this story speaks to the journey of what inspired this woman to become the "best that she could be". Realizing that "life is a work in progress, all you can do is aspire to be the best that YOU can be".



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