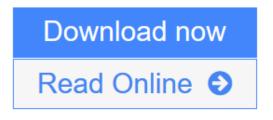


## **101** Ways to Save Money on Health Care: Tips to Help You Spend Smart and Stay Healthy

Cynthia J. Koelker



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**101 Ways to Save Money on Health Care: Tips to Help You Spend Smart and Stay Healthy** Cynthia J. Koelker

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For over twenty years, Ohio-based family physician Dr. Cynthia J. Koelker has made it her mission to help people lower their health care expenses. Now, in *101 Ways to Save Money on Health Care*, Dr. Koelker shares her insider tips and information so that you too can save hundreds (even thousands!) without sacrificing your health.

101 Ways is loaded with simple, easy-to-understand tips on topics that everyone will find useful, including:

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