



# Breakthrough Tennis: A Revolutionary Approach to the Game

*Rolf Clark*

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## **Breakthrough Tennis: A Revolutionary Approach to the Game** Rolf Clark

This book is for players who feel they may have stalled at a plateau below their potential and for the coaches who strive with their athletes to help them achieve new levels of performance. Breakthrough Tennis enlists the player to serve as his or her own teacher while focusing on three essential components of more advanced play: balance, timing, and concentration.

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