



Success and the Self-Image

Zig Ziglar

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SUCCESS CAN BE YOURS WITH ZIG ZIGLAR'S *SUCCESS AND THE SELF-IMAGE*

YOU ARE WHAT YOU THINK YOU ARE

No one is better qualified to show you the secrets to developing a successful self-image than Zig Ziglar, a man who has overcome his own share of adversity to become one of the world's most popular and successful motivators. In *Success and the Self-Image*, Ziglar tells you how to discover the secrets of creating and maintaining a positive self-image, including:

1. Identifying the characteristics of a poor self-image
2. Increasing your self-esteem
3. Creating healthy relationships
4. Linking success to the self-image

"You can change what you are...by changing what goes into your mind," says Ziglar. And he proves it in a specific, point-by-point presentation that is as entertaining as it is inspiring.

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