

The Requisites of Enlightenment

Ven. Ledi Sayadaw



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In this treatise, noted Burmese scholar and monk Ledi Sayadaw explains the bodhipakkiya dhamma: the 37 requisites of enlightenment. The requisites are comprised of the four foundations of mindfulness, four right efforts, four bases of success, five controlling faculties, five mental powers, seven factors of enlightenment, and the eight factors of the Noble Eightfold Path. This book is valuable to those interested in understanding the Buddha's teaching at a deeper level, while providing the inspiration to continue walking step by step on the path.

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