



SPORTS MEDICINE FOR THE ORTHOPEDIC RESIDENT

Julie A Neumann, Donald T Kirkendall, III Claude T Moorman

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This should read: "Sports medicine including care of the athlete can be an exciting and unique aspect of orthopedic residency training and beyond. Many of us develop a lifelong passion for helping athletes get back to competition, but, at times, the challenge of mastering sports medicine can be daunting. This book is written by health care providers specifically to help residents prepare to effectively manage conditions seen in athletes both on the field and in clinical situations."

Contents:

- The Cervical Spine (*Melissa Erickson*)
- Lumbar Spine Injuries in Athletes (*Michael A Gallizzi, Lindsay T Kleeman & Melissa Erickson*)
- Spondylolysis and Spondylolisthesis in the Athlete (*Matthew A Tao & Robert K Lark*)
- Rib and Sternum Injuries in the Athlete (*Luis Carrilero*)
- Scapular Dyskinesia (*Vani J Sabesan*)
- Sternoclavicular Injuries (*Julia D Visgauss*)
- Acromioclavicular Joint Injuries (*Scott D Gibson*)
- Rotator Cuff (*Trevor R Gaskill*)
- Shoulder Instability (*Julie A Neumann, Jonathan A Godin, Vasili Karas & Richard C Mather III*)
- Shoulder Arthritis in Young Patients (*Matthew J Levine*)
- Elbow Dislocation (*David Ross & David H Sohn*)
- Elbow Ligament Injuries (*David H Sohn*)
- Flexor Pronator Tendonitis (Golfer's Elbow) (*Erika Templeton*)
- Lateral Epicondylitis (*David H Sohn*)
- De Quervain's Tenosynovitis (*Diane M Allen*)
- Scapholunate Ligament Injuries (*Mihir J Desai*)
- Triangular Fibrocartilage Complex (*Gregory Fedorick*)
- Scaphoid Fractures (*William Felix-Rodriguez*)
- Injuries of the Ulnar Collateral Ligament (*Luis Carrilero*)
- Metacarpal Fractures (*William Felix-Rodriguez*)
- Proximal Phalangeal Joint Injuries in the Athlete (*Robert Sullivan*)
- Jersey Finger (*John Flint & J Mack Aldridge III*)
- The Pubic Symphysis and Osteitis Pubis (*Priscilla Tu*)
- Athletic Pubalgia (*John Lohnes*)
- Labral Tears About the Hip (*Vasili Karas, Jonathan A Godin, Julie Neumann & Richard C Mather III*)
- Femoroacetabular Impingement (*Allston J Stubbs & Bradley Winter*)
- Stress Fractures (*J H James Choi, Eduard Alentorn-Geli & Joseph J Stuart*)
- Femoral Neck and Pubic Ramus Stress Fractures (*John Lohnes*)
- The Posterior Cruciate Ligament (*Gregg T Nicandri*)
- The Anterior Cruciate Ligament (*Melissa Zimel & Joseph Guettler*)
- The Meniscus (*Jonathan A Godin, Julie A Neumann & Vasili Karas*)
- Patellofemoral Pain Syndrome (*Christopher B Cole*)
- Collateral Ligaments of the Knee (*Joseph J Stuart, Eduard Alentorn-Geli & J H James Choi*)
- Multiligament Knee Injuries (*Jonathan C Riboh*)

- Articular Cartilage (*David H Sohn*)
- Disorders of the Proximal Tibiofibular Joint (*Robert A Magnussen*)
- Chronic Exertional Compartment Syndrome (*Jocelyn Wittstein*)
- Syndesmotic Injuries (*Christopher E Gross*)
- Medial and Lateral Ankle Instability (*Daniel S Heckman*)
- Osteochondral Lesions of the Talus (*Samuel B Adams, Jr*)
- Achilles Tendinopathy and Ruptures (*William D Hage*)
- Lisfranc Injury (*Katherine J Coyner*)
- Plantar Faciitis (*Scott D Gibson*)
- Proximal Fifth Metatarsal Fracture (*Katherine J Coyner*)
- Lesser Metatarsal Fractures (*Daniel S Heckman*)
- Turf Toe (*Jeannie Huh*)

Readership: For all medical students but mainly for the orthopedic resident.

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Willie Collier:

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Robert Poulin:

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