



# **In the Footsteps of the Yellow Emperor: Tracing the History of Traditional Acupuncture**

*Peter Eckman MD*

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"In the Footsteps of the Yellow Emperor" is the product of decades of research. It represents one doctor's personal and professional quest to explore the rich healing traditions of the East, and to learn how the transmission of knowledge from teacher to student helped define the course of acupuncture and Traditional Chinese Medicine as we know it today. Absolutely essential reading for all TCM students and practitioners. This wonderfully readable and accessible book is particularly important because it helps our standards-driven culture understand a medicine based on lineage. Robert M. Duggan, *Meridians* [Eckman] traces acupuncture through Chinese antiquity with a very readable clarity absent in other scholarly accounts of the same material. This story blossoms in the 20th century convergence of acupuncture traditions in Europe, and stands as the only articulate comprehensive account of this migration. J. Helms, *American Academy of Medical Acupuncture Review* [A] product of monumental research into the tale of how acupuncture has been transmitted from East to West.... Alan Hext, *European Journal of Oriental Medicine*

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