

Tired of Arguing with Your Kids?: Wisdom from Parents Who Have Been There

Dolores Curran



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Tired of Arguing with Your Kids?: Wisdom from Parents Who Have Been There Dolores Curran A familiar yet frustrating scene: Children arguing with their parents. It does not have to be a rite of passage for parents to endure, says Dolores Curran, an authority on parenting and family issues. In her latest book, Tired of Arguing with Your Kids?, Curran explains how children lose interest in arguing when parents know the techniques necessary to defuse, or ignore, their anger.

Many parents often feel too exhausted, impatient or disenchanted with children to muster the energy it takes to argue, much less to engage their kids in more meaningful pursuits. In Tired of Arguing with Your Kids?, Curran teaches that every challenge does not have to be accepted. Her approach not only helps parents preserve the energy necessary to deal with issues that truly deserve attention, but also to appreciate the joys of parenting so often forgotten in the confusion of conflict. Many parents fail to realize the pleasures children bring to their lives -- even with the messy rooms, loud music and petty bickering between siblings -- until its too late. In other words, relax and enjoy the ride.

Written with humor by a mother who has been there, Tired of Arguing with Your Kids? shares over 200 effective responses to children classic questions, complaints, accusations and arguments. Sibling rivalry run amok? Separate the offending children calmly, with a witty remark like, "Maybe youll get along better in an hour because youll be older then." Dont condone their territorial struggle, but dont be drawn into it, either.

Boundaries, rules and consequences must be established and enforced, but some behavior simply is not worth the emotional investment many parents make every time their children pick a fight. Tired of arguing with your kids? Then heed Dolores Currans expert advice and learn to navigate the bumps in the road without paying too great a toll.



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