

Striker, Slow Down!: A calming book for children who are always on the go

Emma Hughes



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Striker the cat is unstoppable! He thinks that there is too much fun to be had, and no matter what his mama tells him, he never slows down. One day, a bump to the head brings this busy cat to a standstill. Will Striker finally listen to his mama and learn to make time for a little calmness?

This charmingly-illustrated picture book for ages 3-6 aims to teach busy children about the benefits of taking time to sit quietly and clear their mind. Touching on the principles of mindfulness, it provides the perfect introduction to the differing feelings of chaos and calm and encourages children to find balance in their increasingly busy lives.



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Beside this Striker, Slow Down!: A calming book for children who are always on the go in your phone, it could give you a way to get closer to the new knowledge or information. The information and the knowledge you might got here is fresh from your oven so don't become worry if you feel like an previous people live in narrow small town. It is good thing to have Striker, Slow Down!: A calming book for children who are always on the go because this book offers for you readable information. Do you at times have book but you don't get what it's all about. Oh come on, that wil happen if you have this in the hand. The Enjoyable agreement here cannot be questionable, similar to treasuring beautiful island. Use you still want to miss the idea? Find this book in addition to read it from currently!

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