



# Addictive Behaviour in Children and Young Adults: The Struggle for Freedom

*Raoul Goldberg*

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## **Addictive Behaviour in Children and Young Adults: The Struggle for Freedom** Raoul Goldberg

Addiction is one of the most critical problems of our time and affects children and adults alike. We face not only a widespread dependency on illicit substances, but also addictions to food, beverages, cigarettes, pharmaceuticals, and alcohol, as well as electronic gadgetry, online social networks, and entertainment media—all within the context of a culture of violence and excessive and unhealthy sexual practices.

This book explores the overall consequences of addictive behavior in children and young people, as well as its underlying causes. Drawing on anthroposophic insights, the author views the whole child of body, soul, and spirit on a developmental journey from newborn to adulthood. He examines specific addictions through case histories from his clinical practice and offers a tried and tested method for understanding and managing each child or young person who succumbs to the dangers of dependencies.

This book is for parents, teachers, and health professionals who work with children and adolescents; for young people and adults caught in unhealthy addictive behavior; and for all those who wish to understand their own human nature.

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A lot of people always spent all their free time to vacation or maybe go to the outside with them household or their friend. Did you know? Many a lot of people spent they will free time just watching TV, or even playing video games all day long. If you want to try to find a new activity that is look different you can read the book. It is really fun for you personally. If you enjoy the book you read you can spent 24 hours a day to reading a publication. The book Addictive Behaviour in Children and Young Adults: The Struggle for Freedom it is rather good to read. There are a lot of people who recommended this book. They were enjoying reading this book. When you did not have enough space to bring this book you can buy often the e-book. You can m0ore easily to read this book through your smart phone. The price is not very costly but this book possesses high quality.

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