



Too Sweet: The Not-So-Serious Side to Diabetes

Laura Kronen

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"A great, concise resource for anyone with diabetes. An inspiring, optimistic and, at the same time, practical perspective." ~ Dr. Keith Ablow MD

"An irreverent take on a serious disease. Diabetes requires effort to control and to prevent complications. Though the goal to make your numbers (i.e., glucose, A1c, cholesterol and blood pressure) are important, you can be and should be more than your numbers and live life to its fullest as demonstrated in Too Sweet." ~Dr. John Chip H. Reed III, MD, CDE

"I really enjoyed reading this book. Words and phrases that sum up how I'd describe it: humble, witty, candid, entertaining AND educational, and overall just fun to read! She had me from the very start! For me one of the best parts is the lists that are scattered throughout the book — of various jokes and D-Lingo, her loves and hates about D — and her use of humor to battle diabetes myths and misconceptions that permeate the world." www.diabetesmine.com

"I was instantly greeted with light and humorous prose. After a wonderful welcome to a disorder that "is part of your life forever", I was reminded that laughter and a positive attitude are key to making life with diabetes more manageable. I was instantly sucked in and eagerly looked forward to seeing what the rest of the book had in store for me."Diabetes Advocacy

"Highly recommended reading for a family member, friend, significant other or anyone you know who might be interested in the real life of someone who is dealing with Type 1 diabetes on a daily basis — a tough job. Gutsy book from a gutsy lady, lots of laughter, but the true facts are there. Great Christmas gift."Diabetic Live

Life is hardly sugary sweet when you're a card-carrying member of the diabetic club—whether you're diagnosed with the disease yourself or have a loved one who is.

But if laughter is the best medicine, then *Too Sweet* is just what the doctor ordered: a candid, humorous, and empathetic guide to living with diabetes, written by a life coach with twenty years of experience as a type 1 diabetic.

Born with a hatred of needles and a love of sweets, Laura Kronen shares a wide variety of personal insights relating to the diabetic life. They are often comforting and sometimes embarrassing, but always brutally honest.

From addressing common diabetic myths to detailing highs and lows and dealing with that pesky "disease" label, this refreshing and lighthearted look at type 1 and 2 is one that anyone affected by diabetes will be sure to find inspiring and relatable.

Without reciting dry medical information or harping on scary complications, *Too Sweet* is all about focusing on the present moment. So if you're craving something uplifting, you'll find a new friend and confidante in this unique guide, written by someone who has been through it all.

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From reader reviews:

Anthony Rodriguez:

Reading a guide tends to be new life style with this era globalization. With reading you can get a lot of information that can give you benefit in your life. Along with book everyone in this world can share their idea. Ebooks can also inspire a lot of people. Lots of author can inspire their own reader with their story as well as their experience. Not only the storyplot that share in the books. But also they write about the information about something that you need instance. How to get the good score toefl, or how to teach children, there are many kinds of book that you can get now. The authors these days always try to improve their skill in writing, they also doing some exploration before they write to their book. One of them is this Too Sweet: The Not-So-Serious Side to Diabetes.

Leon Fisher:

The reason why? Because this Too Sweet: The Not-So-Serious Side to Diabetes is an unordinary book that the inside of the reserve waiting for you to snap that but latter it will distress you with the secret the item inside. Reading this book alongside it was fantastic author who all write the book in such amazing way makes the content on the inside easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you because of not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of rewards than the other book have such as help improving your expertise and your critical thinking means. So , still want to postpone having that book? If I had been you I will go to the book store hurriedly.

David Barnett:

Playing with family in the park, coming to see the ocean world or hanging out with buddies is thing that usually you might have done when you have spare time, after that why you don't try thing that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Too Sweet: The Not-So-Serious Side to Diabetes, you may enjoy both. It is excellent combination right, you still want to miss it? What kind of hang-out type is it? Oh can occur its mind hangout folks. What? Still don't understand it, oh come on its called reading friends.

Leona Hicks:

What is your hobby? Have you heard that will question when you got pupils? We believe that that question was given by teacher on their students. Many kinds of hobby, Every person has different hobby. And you also know that little person including reading or as studying become their hobby. You should know that reading is very important in addition to book as to be the issue. Book is important thing to add you knowledge, except your own teacher or lecturer. You will find good news or update in relation to something by book. Many kinds of books that can you decide to try be your object. One of them is this Too Sweet: The Not-So-Serious Side to Diabetes.

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