

Orthodox Interventions: Orthodox Neptic Psychotherapy in Response to Existential and Transpersonal Psychology

Andrew Vujisic



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The publication of this volume by the Right Reverend Archimandrite Dr. Andrew (Vujisi?) is a benchmark in the scientific examination of the Orthodox psychotherapeutic paradigm, a pioneering step into a new area and integrated model of existential and transpersonal psychotherapy, and an important proposal for the empirical investigation of the relationship of spirituality and neuroscience. Dr. Vujisi?'s work is significant in that it presents a clear understanding of human psychology from an Orthodox perspective, i.e., it presents a psychology (and potentially a psychiatry), consistent with the cosmology and soteriology of Orthodoxy. This is an indispensable dimension in the development of a global notion of research in science and religion, and is especially important as attempts at rapprochement are made on the ecclesiastical, cultural, and international levels. With increased attention by scholars to the relationship between spirituality and science, religion and physical/mental health, and holistic views of the human being that connect the body and the mind, or spirit, this volume provides a framework in the establishment of cross-cultural dimensions to the study of science and spirituality and the holistic concept of humans and their environment. Ultimately, it bridges the divide between mystical, neptic, and hesychastic teachings and the methods and goals of modern Western psychotherapy. It is the potential meeting of the transcendent and the secular, of spirituality and psychotherapy, and of neptic treatment and mind biochemistry as they impact all those in need of inner healing from spiritual, behavioral, and/or psychological disorders and pathologies.

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