



Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books

Danny Pehar

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When you were a kid you dreamed of building spaceships and being a superhero. Everything was magic, everything was awesome. But then you suffered disappointments: weight issues, relationship problems, money troubles, career troubles. Eventually the impossible was no longer possible. *You lost your awesome.*

But what if you could get it back? *You can.* Through funny, informative and inspiring stories from his life and work experience, Danny Pehar shows how strengthening one aspect of the three main parts of your life - mind, body and soul - will help you strengthen and balance the others.

And the results? You will learn to do an awesome amount of awesome things - from weight management to career management, from saving money to saving relationships, from building the perfect résumé to building the perfect speech, from getting through the toughest job interview to getting through the toughest day.

PRAISE FOR AWESOME AT BEING AWESOME

"Danny is a good boy." -Danny's dad

"This book is awesome." -Danny's friends

"Danny has great hair." -Anonymous (but probably Danny)

"This book is better than the last one you read." -Danny's sure someone said this

"This book is better than ice cream." -Danny's almost positive he heard this one guy say this

"This book is like a hug, combined with a high five and a GPS through life." -Someone really cool said this

"You know that helpful friend that comes over and is funny, easy to listen to, gives great advice and tells good stories? That's what this book is." - Someone very insightful said this

"You are already awesome. Now learn how to be awesome at being awesome!" -Danny Pehar

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Toni Styer:

This Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books book is not really ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is actually information inside this guide incredible fresh, you will get information which is getting deeper a person read a lot of information you will get. This specific Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books without we understand teach the one who examining it become critical in considering and analyzing. Don't become worry Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books can bring once you are and not make your carrier space or bookshelves' grow to be full because you can have it in the lovely laptop even phone. This Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books having very good arrangement in word and also layout, so you will not really feel uninterested in reading.

Michael Colburn:

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Jaime McKenney:

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Keith Robertson:

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