

# **Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse**

Katherine Murray



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All Life and Death Matters resources were created by Kath Murray, a veteran hospice and palliative care nurse, and are designed to:

- Meet national competencies and learning outcomes related to hospice and palliative care and end-of-life care
- Enhance best practice interactions
- Increase caregiver confidence and competence in caring for the dying person and family
- Decrease caregiver fears and concerns
- Increase caregiver ability to respond to challenging issues
- Help instructors and students provide excellent care for the dying person and their family

The book provides information on:

- Understanding the dying process
- Integrating a palliative approach
- Preparing to care
- Using standardized tools
- Enhancing physical comfort
  - Principles and practices of hospice and palliative care
  - The process of providing care
  - o Pain and symptom management
- Providing psychosocial care
- Palliative care and physician assisted dying
- Caring in the last days and hours
- Caring for you, the caregiver!



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