

Western Lights: A Collection of Essays on Buddhism

Andrew Furst



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Western Lights: A Collection of Essays on Buddhism Andrew Furst Profound and thought provoking - Sharon Salzberg

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Western Lights is a collection of essays from the viewpoint of a Western Buddhist teacher. It speaks about Eastern concepts like karma, hope, attachment, and emptiness from a personal perspective and in terms familiar to Americans. They're grounded in subjects like politics, science, psychology, heaven, and nature. I hope to help the reader find a personal connection to this ancient tradition and discover what it has to say about the challenges of contemporary life.

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