



Unravelled: Life as a Mother

Maria Housden

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Maria Housden tells of her own transformation, as a mother, a wife and a woman, as she struggled to cope with the death of her daughter Hannah and make the hardest decision of her life. From the author of the bestselling *Hannah's Gift*. At the age of 36, instead of enjoying the perfect family life she had imagined as a child, Maria felt judged and found wanting by others. She realised that, no matter how much she still loved her husband and how powerful her bond of love was with her children, she had to change her life radically - she had to make it her own again. What followed was an emotional and enlightening search for herself. Written in the same moving, lyrical style as *Hannah's Gift*, the story unfolds in a series of painful, joyful and humorous moments. At times the story is heart-wrenchingly sad but ultimately it is uplifting and inspiring.

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