



Group Leadership Skills for Nurses & Health Professionals, Fifth Edition

Carolyn Chambers Clark EdD ARNP FAAN

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Designated a Doody's Core Title!

This book provides a comprehensive and insightful overview of group leadership skills, applicable to both therapeutic and work-related groups, alike."

Elizabeth McCay, RN, PD

Ryerson University

[A] masterful guide that teaches us to gain the most from each group setting. Whether we are in our private practice or involved in a committee, this work gives us an excellent format to follow."

William S. Bezmen, PhD, RN, CS

Director, Pathways to Health,

Holistic Treatment and Education Center

This is an excellent guide for key principles of leadership in managing group dynamics. Each chapter is well designed and supported with prominent research in the area which supports the theory development with current and historical evidence." **Score: 97, 5 stars**

--Doody's

Group Leadership Skills provides a solid foundation for using group concepts, theory, and research with a wide variety of groups and group settings. With this book, nurses and health professionals will learn the essential group process skills, including differentiating content from process, working with tension and anxiety, and enhancing cohesiveness. Clark presents practical strategies to improve the effectiveness of group leaders, such as helping groups solve problems and build teams. *This edition is now newly expanded to apply to a diverse collection of groups. The strategies and techniques can be used with students, families, staff, codependency groups, depression groups, rape and sexual abuse groups, domestic violence groups, and many more.*

Key Features:

Includes new feature, "Clinical Leader Challenges," which asks learners to apply theory and concepts to group situations"

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